

# MÉTIS NATION OF ONTARIO

## SPOONS AND DOT ART

**Suitability:** Ages 4+

**Location:** Indoors or outdoors (when weather permits)

**Objective:** Combining traditional spoon playing with floral arts & crafts. Use every day affordable objects to create a playable instrument.

### Supplies Needed:

- 1 pair of kitchen wooden spoons per participant (10-12"; all the same length; no holes)
- Pencils
- Assorted fine tipped permanent markers - multiple colours
- Elastic Bands (medium size)
- Assorted craft decorations: Leather strips, Twine or ribbons (for the handle)

### Instructions:

1. Each participant is provided with 2 equal sized wooden spoons
2. Place spoons down on the table with the scooped out part facing upwards.
3. Draw a simple flower design (like a Métis flower) in the middle of the spoon.
4. Use fine to medium tipped permanent markers to create an image using dot art look.
5. Once ink or paint is dry, place the back sides of the spoons together.
6. Starting from the bottom of your spoons secure at the base together using elastic bands. Add enough elastic bands to give stability to your spoons so they remain balanced and can make sound when clapping them down onto the table or on your thigh.
7. Optional: use ribbons, leather trim or twin to cover the elastic bands.

